



# WOMEN'S INNER LEADERSHIP

*Finding your truth in Love, Sex, Money, Power & Consciousness*

## A TWO-YEAR ACCREDITED ONLINE COACHING TRAINING FOR WOMEN

### OUR VISION

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We believe in a world where women are deeply connected to themselves and one another and are able to be powerful and influential in all areas of life from a place of wisdom, self-knowledge and embodiment.

### OUR PURPOSE

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We offer a life-changing roadmap back to your Inner Leadership. The journey is for your own growth and subsequently to become a psychologically trained, certified coach working within a professional capacity. It's a deeply transformative personal experience. You'll gain substantial theoretical knowledge and practical tools to develop your professional identity as a therapeutic coach, enabling you to serve humanity at an individual and a collective level.

### THE BIGGER PERSPECTIVE

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We believe that women have a much greater capacity to influence the values, actions and paradigm of our collective future than we are currently expressing. Within each of us there is an embodied knowing of our interconnectedness to Life itself, which makes us very capable as leaders in all areas of life; from the most personal, intimate and relational, to the ways we're interacting externally, in society and through our jobs and the roles we take on.

As women we have the ability to be connected to our bodies, to each other, our children, partners, community, the land and our spiritual intuition. We have mainly abandoned this intuitive knowing through the values of our western scientific, patriarchal paradigm that does not reflect back this essential part of our nature.

When connecting back with our own essence, as women centred in what we call our feminine consciousness, we heal millennia of women's lack of influence, freedom and creation. This matters because our collective future requires this new level of innate sensing and the ability to direct it into action.

## **BACKGROUND: PERSONAL AND COLLECTIVE CHALLENGES**

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Collectively we're facing an existential crisis about our future on the planet. The signs are everywhere and can feel overwhelming. As individuals we often don't know how to respond to the situation. We oscillate between trying to do the right thing and complying with how things are.

We experience this at a personal level in multiple ways. Our relationships, jobs, and life situations are increasingly under pressure. Some of us experience an inner emptiness while others are facing personal challenges more directly.

As women we have long known that something was missing. We might not have been able to articulate what it was, but many of us have had an inner longing for something to change. The quality of our relationships, our sexuality, the connection to our body, our financial situation and the reality of our life circumstances.

This inner knowing is essential as a response to our personal and collective challenges. It's a message from our feminine core that we are not fully expressed. We have not been bringing the full value of our gifts and voices to the world. We have not been leading from within, but have lived in a response to a paradigm we inherited.

We believe it is paramount for feminine consciousness to emerge collectively. To manifest a real paradigm shift, each of us has a responsibility at an individual level to find our own unique expression, and when we do this in connection with one another we have the power to change our lives at a profound and collective level. In this way the quality of our experience will protect us from disempowerment and abuse and we will leave a legacy for our children and change the course of the future of our planet.

## THE FEMININE FIELD OF CONSCIOUSNESS

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Women's Inner Leadership uses an evolutionary approach in that it works with the understanding that within each of us we have access to a greater collective field of consciousness. We can connect to our own inner feminine core, and in doing so we are also connecting to Life itself.

If honed and allowed, it is there that we can access information, guidance and directions that are vital for leading in the world with integrity, care for the whole and supporting of life.

Our certified coaches actively use the collective field of consciousness when working with clients. We hold a field of transmission of the feminine that supports our client to access that within themselves. In this way we support each other to become free, embodied, self-aware and powerful.

## OUR APPROACH

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Our perspective is looking at potential rather than restriction. We support the emergence of feminine consciousness and we build up the resources to hold us through the challenges we experience.

Our approach is experiential but strongly knowledge-based, supported by neuroscience, attachment theory, trauma therapy, psycho-spiritual psychotherapy, body intelligence, transpersonal psychology, leadership coaching, consciousness studies and perennial and indigenous wisdom traditions that have held the feminine through millennia. This is to give you a training that has therapeutic, psychological depth at the sametime as a very practical application.

The foundation of Women's Inner Leadership is to provide ways for women to directly experience our inner connectedness through body, mind and spirit and to be able to act in the world from this place. The WILL Model helps to empower you in matters of Love, Sex, Money, Power & Consciousness, so that you can sit more firmly in your centre when working with clients.

## OUR PROMISE

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The Women's Inner Leadership approach offers you a deep personal and professional journey which empowers you to align with your innate feminine core and step into

leadership in all areas of your life. As a certified coach you will be able to facilitate transformational processes with clients with high professional standards and integrity.

You will receive solid psychological training that will enable you to work more deeply with therapeutic coaching processes.

Our training is aligned with the standards of the international Association for Coaching (AC) to the highest level of *Advanced Accredited Diploma in Coaching Training*. We're currently in the process of applying for this accreditation. Please note that this is currently not confirmed but will hopefully fall into place in the spring 2022. Certified coaches would then be able to apply for individual membership of AC up to the level of *Master Coach*.

## **PERSONAL DEVELOPMENT AND PROFESSIONAL TRAINING**

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We provide a two-year personal development and high standard professional coaching training for women who want to evolve their inner leadership. As values are shifting from patriarchal structures to feminine consciousness, our work presents new ways of thinking, acting, connecting and being.

Upon certification, Women's Inner Leadership coaches will have gained knowledge about their own inner leadership, know how to be guided from within to express authentic values and be able to express them freely in a clear and visible way in 5 areas that are essential for women in our changing paradigm: love, sex, money, power and consciousness.

Graduates of this training will have the tools and techniques to facilitate this process as coaches for other women, and will know how to, facilitate and manage a high standard, ethical and professional coaching practice.

The programme is aimed at women who:

- feel a resonance with the evolutionary call to rise into our natural power in all aspects of life
- want to train as a coach aligned with the highest international standards of professional coaching
- are already a coach, therapists or practitioners who wants to work more consciously with your identity as a women and be able to support clients from this place
- are looking to be able to hold a truthful and centred feminine mirror for all genders